



CONVENTIONAL PAP SMEAR

INDICATIONS:

Sampling of the superficial cells of the cervix, endocervix and/or vagina to detect premalignant and malignant lesions of the uterine cervix and other abnormalities of the reproductive tract.

SPECIMEN:

Conventional Pap Smear

SUPPLIES:

1. Vaginal speculum
2. Plastic spatula and cytobrush
3. Clean glass slide (single end frosted)
4. Black lead pencil
5. Fixative (spray fixative or 95% ethyl alcohol)
6. CPA gynecologic cytology requisition form
7. Slide container for transport
8. Biohazard bag for specimen transport with a biohazard label

COLLECTION:

In premenopausal patients, obtain specimen during second half of menstrual cycle (if possible) to avoid obscuring blood. Instruct the patient not to douche or engage in sexual intercourse within 24 hours of the procedure.

1. Print the patient's name (last, first) on the frosted end of the glass slide with a black pencil before beginning the procedure. The laboratory CANNOT accept unlabeled slides.
2. Place the patient in the lithotomy position. Using a speculum lubricated with warm water, expose the cervix as fully as possible. DO NOT use lubricant as this will interfere with the cytologic evaluation.
3. If excess mucus, exudate or blood is present at the cervical os, remove with a folded gauze pad or large cotton-tipped swab. Obtain a sample of the ectocervix and transition zone (if visible) by rotating the plastic spatula 360 degrees around the cervical os. Hand the spatula with the collected specimen to an assistant so that the cytobrush can be used to sample the endocervical canal. Rotate the cytobrush one half turn and hand to the assistant.
4. Quickly smear the material from the spatula on one end of the pre-labeled glass slide and then rotate the cytobrush to deposit material on the other half of the glass slide. Immediately immerse the slide in fixative (95% ethyl alcohol) or use spray fixative. If using spray fixative, hold the container approximately 12 inches from the slide to avoid aerosol artifacts that can interfere with cytologic evaluation.
5. If using spray fixative, allow the slide to dry completely before placing the slide in the dry slide container for transport to the laboratory. If using wet fixative (95% ethyl alcohol), secure the lid to the plastic container and send the specimen, in the fixative, to the laboratory.



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COLLECTION CONTINUED:

6. Use the specimen collection biohazard bags provided by CPA. Place the completed requisition in the outside pocket and the properly labeled slide (in its container) in the zip lock portion of the bag. Send to CPA for processing.

Submit all patient information following the procedure for "Completing a Gynecologic Cytology Requisition".

Complete test requisition including last and first name of patient, patient's date of birth and social security number, body site and source of specimen collected. Label specimen container (using the labels provided on the requisition) with patient's first name and last name, and body site/source. The container must have at least two (2) unique identifiers. Examples of unique identifiers: patient name, DOB, unique bar code, etc. Include pertinent clinical information, i.e., previous malignancy, radiation therapy, drugs, etc. Place container in a specimen bag with a biohazard label. Place the requisition in the side pocket of the specimen bag.